

## WHAT IS ACUTE RHEUMATIC FEVER?

Acute rheumatic fever develops in some people when they get a bacterial infection called Group A Streptococcus from skin and throat infections. This bacteria causes a delayed immune response resulting in a reaction in their joints, heart, brain and skin. It is most common in people aged 5–14 years of age.

## What is acute rheumatic fever?



Group A Strep bacteria enters the body from untreated skin sores or sore throat



Skin sores



Sore throat



Fever and/or joint pain = THINK Acute Rheumatic Fever (ARF)

If your skin sores or a sore throat are not treated it can cause heart sickness and you might end up in hospital.



## **HEALTHY SKIN, HEALTHY HEART**

## What are the symptoms of acute rheumatic fever?





Joint pain

Fever







Sydenham's chorea (sudden small, jerky movements)



If you have a skin infection or a sore throat, visit your local health service. For more information on rheumatic heart disease, visit www.darlingdowns.health.qld.gov.au



**Darling Downs**Health



